

GRINDS

CAFÉ & SWEET SHOPPE



BREAKFAST

NEW YORKER	\$5.99
2 eggs + Choice of Bacon, Ham or Sausage + American Cheese + Hard Roll	
CAFÉ WAY	\$6.50
2 eggs + Bacon + Cheddar + lettuce + Tomato + Red Onion + Mayo + Croissant	
SAUSAGE & CHEESE BISCUIT	\$3.00
Sausage + American Cheese + Buttermilk Biscuit	
AVOCADO SUNRISE	\$6.50
2 eggs + Sliced Avocado + Tomato + Sourdough Toast	
BREAKFAST BURRITO	\$9.99
Scrambled Eggs + Sausage + Home Fries + Cheddar + Peppers + Onions + Wrap	
BACON EGG N' CHEESE WRAP	\$7.99
Scrambled Eggs + Bacon + Home Fries + American Cheese	
SPINACH FETA WRAP	\$9.99
Egg white + Spinach + Feta + Wheat Wrap	
TONY'S FRUIT ROLL-UP	\$6.99
Peanut Butter + Banana + Strawberries + Blueberries + Honey + Wheat Wrap	
CLASSIC BREAKFAST PLATTER	\$8.50
2 eggs (any style) + Toast + Home Fries + choice of bacon or sausage	
LIGHT BREAKFAST	\$4.50
2 eggs (any style) + Choice of Toast	
PANCAKE PLATTER	\$10.50
2 Pancakes + 2 eggs (any style) + Bacon or Sausage	
VEGGIE HASH	\$9.99
2 Eggs + Veggie Medley + Peppers + Onions + Home Fried Potatoes	

GRINDS CAFÉ EXTRAS

ENGLISH MUFFIN \$2.50	BAGEL W/ CREAM CHEESE \$4.00
CROISSANT \$3.00	TENDERS & FRIES \$13.99
SIDE OF HOME FRIES \$3.00	SOUP \$5.99/\$6.99 <i>Ask for our soup of the day!</i>
SIDE OF FRENCH FRIES \$3.50	CHILI \$5.99/\$6.99 <i>Seasonal</i>

KIDS MEALS

PB&J \$3.99	GRILLED CHEESE \$4.99
<small>Peanut Butter + Grape Jelly + Choice of bread.</small>	
HAM SANDWICH \$6.99	TURKEY SANDWICH \$6.99
<small>Mayo + Lettuce + Tomato + American Cheese</small>	

All Paninis and Wraps served with chips and a pickle

LUNCH

SOUTHWEST CHICKEN PANINI	\$11.75
Grilled Chicken + Cheddar + Bacon + Chipotle Sauce	
TUSCAN CHICKEN PANINI	\$11.75
Grilled Chicken + Pesto + Provolone + Roasted Red Peppers	
CHICKEN BACON RANCH PANINI	\$11.75
Chicken + Bacon + Ranch + Cheddar	
BEEF N' CHEDDAR PANINI	\$11.75
Roast Beef + Cheddar + Side of Au Jus or Horseradish	
TURKEY & BACON PANINI	\$11.75
Turkey + Bacon + Tomato + Chipotle Mayo + Provolone	
3 CHEESE PANINI	\$10.75
American Cheese + Provolone + Cheddar	
HAM N' CHEESE PANINI	\$11.75
Ham + Choice of American, Swiss, Provolone or Cheddar	
BEEF ON WECK SANDWICH	\$11.99
Roast Beef + Kimmelweck Roll + Side of Au Jus or Horseradish	
CHICKEN CAESAR WRAP	\$11.75
Grilled Chicken + Romaine + Parmesan + Caesar Dressing	
BUFFALO CHICKEN WRAP	\$11.75
Chicken Tenders + Mild Sauce + Lettuce + Tomato + Bleu Cheese	
TURKEY & BACON WRAP	\$11.75
Turkey + Bacon + Tomato + Lettuce + Onion + Mayo	
CHICKEN SALAD WRAP	\$11.75
Chicken Salad + Lettuce + Tomato + Onion	
<i>Add Avocado for \$1.30 + White, Wheat, Sundried Tomato and Gluten Free (\$1) available</i>	
CAESAR SALAD	\$10.99
Romaine + Parmesan + Caesar Dressing + Croutons	
CRISPY CHICKEN SALAD	\$12.99
Romaine + Chicken Tenders + Tomato + Cucumber + Red Onions + Cheddar + Honey Mustard + Croutons	
SUMMER SALAD	\$12.99
Mixed Greens + Strawberries + Cucumber + Walnuts + Balsamic Vinaigrette + Croutons	
B.L.T SALAD	\$10.99
Romaine + Bacon + Tomato + Red Onion + Ranch Dressing + Croutons	
CHICKEN AVO BACON SALAD	\$12.99
Romaine + Grilled Chicken + Avocado + Bacon + Parmesan + Caesar Dressing + Croutons	
HOUSE SALAD	\$10.99
Romaine + Cherry Tomatoes + Cucumber + Red Onion + Balsamic Vinaigrette + Croutons	
GREEK SALAD	\$10.99
Romaine + Feta + Cherry Tomatoes + Cucumber + Red Onion + Kalamata Olives + Greek Dressing + Croutons	
<i>Add Chicken to any salad for \$3.00</i>	

SMOOTHIE BOWLS

CLASSIC ACAI BOWL	\$12.50
Base: Acai	
Toppings: Strawberry + Blueberry + Coconut + Granola	
DRAGON BERRY BOWL	\$12.50
Base: Dragonfruit	
Toppings: Strawberry + Blueberry + Coconut + Granola	
PARADISE BOWL	\$12.50
Base: Acai	
Toppings: Banana + Coconut + Chia Seeds + Granola	
GOOD MORNING BOWL	\$12.50
Base: Acai	
Toppings: Strawberry + Blueberry + Banana + Chocolate Chips + Granola	
PITAYA BOWL	\$12.50
Base: Dragonfruit	
Toppings: Strawberry + Chocolate Chips + Granola	
NUTELLA BOWL	\$12.50
Base: Acai	
Toppings: Nutella + Strawberry + Chocolate Chips + Granola	
ISLAND TROPIC BOWL	\$12.50
Base: Dragon Fruit	
Toppings: Mango + Kiwi + Coconut + Banana + Granola	
EXTRA TOPPINGS	\$1.50
Almond Butter + Honey + Peanut Butter + Nutella + Banana + Coconut + Strawberry + Blueberry + Kiwi + Mango + Chia Seeds + Granola + Chocolate Chip	

THE BAKERY

*Made fresh daily by our in house baker
and available while supplies last*

CUT OUT COOKIES	\$1.50
SCONE	\$3.50
CINNAMON BUNS	\$3.75
CUPCAKES	\$3.00
JUMBO MUFFIN	\$3.75
TIRAMISU	\$4.00
HOMEMADE COOKIES	\$2.00
BROWNIES	\$2.50
CANNOLIS	\$2.50
BISCOTTI	\$2.00
APPLE FRITTER	\$3.75
SPECIALTY BREAD SMALL	\$4.00
SPECIALTY BREAD LARGE	\$6.00



*Consult with our in house Pastry Chef, Cindy Repp
for all of your custom cake and bakery needs!*

S: (585) 431-3270 C: (585) 755-8861

Weddings, Birthday & Specialty Cakes, Cookies,
Pastries, Pies and more!

BEVERAGES

Regular is 16oz,
Large is 20oz

HOT COFFEE	\$2.99/\$3.49
LATTE	\$4.50/\$5.50
CAPPUCCINO	\$4.50/\$5.50
MACCHIATO	\$4.50/\$5.50
AMERICANO	\$3.50/\$4.50
HOT TEA	\$2.99
HOT CIDER <i>Seasonal</i>	\$3.50/\$4.50
VANILLA STEAMER	\$3.50
HOT MATCHA LATTE	\$5.50/\$6.00
HOT CHOCOLATE <i>Regular or White</i>	\$3.50/\$4.50
ICED COFFEE	\$2.99/\$3.49
COLD BREW <i>Original & Jamaican Me Crazy</i>	\$4.00/\$4.50
ICED LATTES	\$4.50/\$5.50
ICED MATCHA LATTE	\$5.50/\$6.00
ICED TEA	\$2.99
LEMONADE	\$2.99

CHAI LATTE	\$5.50/\$6.00
Hot or Iced with choice of flavoring	
WHITE KNIGHT	\$4.50/\$5.50
Hot or iced latte flavored with white chocolate sauce choice of dairy	
RED EYE	\$3.75/\$4.25
Espresso with coffee. Choice of dairy and flavor	
BREVE	\$4.50/\$5.00
Latte made with half and half with espresso.	
LONDON FOG	\$3.99/\$4.49
Earl Grey tea, choice of dairy and vanilla flavoring	

ITALIAN SODA	\$5.50
A refreshing and colorful bubbly beverage made with your choice of flavored syrup	
REFRESHER	\$4.50/\$5.50
Lemonade with choice of Strawberry, Dragonfruit, Peach Mango or Watermelon Kiwi juice.	
SMOOTHIES 16oz	\$5.00
Strawberry, Strawberry Banana, Blueberry Pomegranate, Mango, Lemon, Chocolate Banana, Green Power Machine, Raspberry	
FROZEN COFFEE 16oz	\$5.00
Jamaican Me Cooler, Frosted Latte, Arctic Mocha, Frosted Carmella, Frozen Matcha, Frozen Chai, Frozen Chocolate Chai, Vanilla Dream, 20 Below Hot Chocolate	
FROZEN DRINKS 16oz	\$5.00
White Hot Chocolate, Peppermint Hot Chocolate, Vanilla Bean Chocolate Chip	

SODA	\$3.00	GATORADE	\$3.00
JUICE	\$3.00	ENERGY DRINK	\$4.00
WATER	\$2.50	SPARKLING WATER	\$4.00
MILK	\$2.75		

www.grindscafebrockport.com

